



# MTAAP & AFSP Suicide Prevention Toolkit

October 2023



**American  
Foundation  
for Suicide  
Prevention**

**Montana**

## **Montana Chapter**

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®



# TOOLKIT

Dear MTAAP Members,

The American Academy of Pediatrics (AAP) and the American Foundation for Suicide Prevention (AFSP) are partnering to establish a community of Suicide Prevention Ambassadors across the United States and Puerto Rico. Chapter ambassadors will be trained in strategies described in the [Blueprint for Youth Suicide Prevention](#), via monthly ECHO sessions, and work together to provide leadership and subject matter expertise, engage community members, and support AAP and AFSP chapter activities related to youth suicide prevention. Ambassadors will make an initial commitment of 8 months, with the option to continue in this role thereafter. Grants are available to AAP chapters to support activities related to youth suicide prevention.

This toolkit was developed utilizing the AAP Suicide Prevention Ambassador Grant funding. The MTAAP and AFSP Ambassadors worked with stakeholders to identify over 30 organizations who provided the enclosed materials. A list of contents is included on the next page and please feel free to add your own. If you or an organization you are connected to was not included, please feel free to reach out to [info@mtpeds.org](mailto:info@mtpeds.org) to be added to the digital version of this toolkit.

**Thank you for all you do to keep kids (and their families) safe and healthy.**

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**Online version with links posted here:** <https://mtpeds.org/projects/suicide-prevention/>

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## Table of Contents

1. National Resources
2. Statewide Resources and Organizations
3. List of County Health Departments
4. Local Resources
5. Billing & Screening Resources

## National Resources

ASQ, ASQ Brief Suicide Screening Assessment (BSSA), Safety plan template, 988 card and columbia screener card	Link to combined ASQ and PHQ-A is <a href="#">here</a>
AAP Blueprint for Youth Suicide Prevention  The blueprint contains a LOT of content including parent and practice resources, printable materials for your practice and more.	<a href="#">Website Link</a> (QR Code on flyer)  Talking About Suicide Risk with Patients and Families Flyer
AFSP/AAP Talking about Suicide Risk with Patients and Families	<a href="#">Flyer</a>
Trevor Project	<a href="#">Flyer</a>
Psychology Today	<a href="#">Website: Find a psychologist</a>
ASQ Mental Health Resources	<a href="#">Website Link</a>

### Included in Plastic Sleeve

AFSP	Printed Brochure and card
BeSmart	Secure firearm storage card (english and spanish) Program Brochure

### Websites

AFSP	<a href="https://afsp.org/">https://afsp.org/</a>
BeSmart	<a href="https://besmartforkids.org/">https://besmartforkids.org/</a>
Suicide Prevention Resource Center (SPRC)	<a href="https://sprc.org/">https://sprc.org/</a>



# Statewide Resources

## Flyers

MTAAP	<a href="#">REACH PPP Trainings</a>
Charlie Health	Program Flier ( <a href="#">website</a> )
Yellowstone Boys & Girls Ranch	Program Flier and YGBR Admission Instruction Sheet ( <a href="#">website</a> )
DPHHS	<a href="#">Full document linked here</a> and Suicide Safe Care <a href="#">document</a> Link to printable <a href="#">988 posters</a>
Rural Behavioral Health Institute	School Based Mental Health Screening Linked to Care( <a href="#">website</a> )
One Health	<a href="#">Program Flier and list of current school locations</a>

## Included in Plastic Sleeve

Eating Disorder Center of Montana	(2) Brochures: General and Kids and Family Healing Screening Questionnaire ½ page card ( <a href="#">website</a> )
Tamarack Grief Resource Center	Grief After Suicide Booklet ( <a href="#">website</a> )
Emily Wish Eating Disorder Treatment Center	Program Brochure and business card ( <a href="#">website</a> )
Frontier Psychiatry	Program Brochure ( <a href="#">website</a> )
Intermountain Children's Home	Program Brochure ( <a href="#">website</a> )
Youth Dynamics	Program Brochure ( <a href="#">website</a> )
Shodair	Program Brochure ( <a href="#">website</a> )

### Websites and Online Resources

Aware	<a href="https://www.aware-inc.org/">https://www.aware-inc.org/</a>
DPHHS	<a href="#">Safer Suicide Care Document</a>
Eating Disorder Center of Montana	<a href="https://edcmt.com/">https://edcmt.com/</a>
Emily Wish Eating Disorder Treatment Center	<a href="https://www.emilywish.com/">https://www.emilywish.com/</a>
Frontier Psychiatry	<a href="https://www.frontier.care/">https://www.frontier.care/</a>
Montana Access to Pediatric Psychiatry Network (MAPP-Net)	<a href="https://www.mapp-net.org/">https://www.mapp-net.org/</a>
Montana Pediatrics	<a href="https://montanapediatrics.org/">https://montanapediatrics.org/</a>
New Day	<a href="https://newdayranch.com/">https://newdayranch.com/</a>
Pathways	<a href="https://www.pathways.com/services">https://www.pathways.com/services</a>
Rural Behavioral Health Institute	<a href="https://www.rbhi.org/">https://www.rbhi.org/</a>
Shodair	<a href="https://shodair.org/">https://shodair.org/</a>
Tamarack Grief Resource Center	<a href="https://www.tamarackgrc.org/">https://www.tamarackgrc.org/</a>
Yellowstone Boys & Girls Ranch	<a href="https://www.ybgr.org/">https://www.ybgr.org/</a>
Youth Challenge	<a href="https://www.mycacademy.org/">https://www.mycacademy.org/</a>
Youth Dynamics Inc.	<a href="https://www.youthdynamics.org/">https://www.youthdynamics.org/</a>

**Please note this list is not exhaustive nor does it imply any endorsements for the listed organizations by MTAAP.**



# County Health Departments

<p>MONTANA</p> <p><b>Anaconda City/Deer Lodge County Health Department</b></p> <p>118 E 7Th St Fl First Anaconda, MT 59711-2900 <b>Phone:</b> <a href="tel:(406)563-7863">(406) 563-7863</a></p> <p><a href="#">Visit Website</a></p>	<p>MONTANA</p> <p><b>Beaverhead County Public Health Department</b></p> <p>41 Barrett St Dillon, MT 59725-3508 <b>Phone:</b> <a href="tel:(406)683-4771">(406) 683-4771</a></p> <p><a href="#">Visit Website</a></p>	<p>MONTANA</p> <p><b>Bighorn Valley Health Center</b></p> <p>809 N Custer Ave Hardin, MT 59034-1311 <b>Phone:</b> <a href="tel:(406)665-8720">(406) 665-8720</a></p> <p><a href="#">Visit Website</a></p>
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[Click here for full directory](#)

<https://www.naccho.org/membership/lhd-directory?searchType=standard&lhd-state=MT>

MTAAP Suicide Prevention Ambassadors reviewed all county health websites to determine which sites had either a Suicide Prevention Coordinator or a mental health advisory council. It was noted that not all counties have a functioning public health website. For the counties that do have updated websites with suicide prevention or mental health resources then the county is listed with their corresponding resources in the table below:

County	Type	Contact/Link
Broadwater	Safer Communities Montana Member & Mental Health Local Advisory Council Staff: Melinda Banks (406) 266-9209	Contact: <a href="mailto:envhealth@co.broadwater.mt.us">envhealth@co.broadwater.mt.us</a> Website: <a href="https://www.broadwatercountymt.com/mental-health-local-advisory-council">https://www.broadwatercountymt.com/mental-health-local-advisory-council</a>
Gallatin	Website	HealthyGallatin.org 406.582.3100 or HS@gallatin.mt.gov
Jefferson	Safer Communities Montana Member Mental Health Local Advisory Council	Website: <a href="https://jeffersoncounty-mt.gov/mhla/">https://jeffersoncounty-mt.gov/mhla/</a>
Lewis and Clark	Suicide Prevention Council (LCSPC) Safer Communities Montana Member Local Outreach to Suicide Survivors (LOSS) Suicide Prevention Coordinator: jhegstrom@lccountymt.gov	Website: <a href="https://www.lccountymt.gov/Government/Public-Health/Suicide-Prevention">https://www.lccountymt.gov/Government/Public-Health/Suicide-Prevention</a> Social: FB, IG, LinkedIn, YouTube
Park	Website with crisis resources listed	<a href="https://www.parkcounty.org/Government-Departments/Health-Department/Mental-Health/">https://www.parkcounty.org/Government-Departments/Health-Department/Mental-Health/</a>
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Missoula	Suicide Prevention Coordinator Elissa White (406) 258-3881 ewhite@missoulacounty.us	Website: <a href="https://www.missoulacounty.us/government/health/health-department/healthy-people-healthy-families/suicide-prevention">https://www.missoulacounty.us/government/health/health-department/healthy-people-healthy-families/suicide-prevention</a>
Yellowstone	Suicide Prevention Coalition *Can request gun locks for safe storage by emailing contact*	406.247.3268 <a href="mailto:spcoalitionyv@gmail.com">spcoalitionyv@gmail.com</a> Website: <a href="https://riverstonehealth.org/preventing-disease/suicide-prevention/">https://riverstonehealth.org/preventing-disease/suicide-prevention/</a>



# Local Resource Section

This section is for you to have a space to fill in any local resources including counseling, occupation therapy or other suicide prevention, mental health or behavioral health services. Up to 20 business cards can be stored in the included plastic sleeve.

## Screening and Billing Resources

### Flyers

DPHHS	Billing and Coding - Pg 12 <a href="#">Full document linked here</a>
Zero Suicide	<a href="#">Pathway to Care</a>

### Screeners Included in Plastic Sleeve

GAD - 7 Anxiety	<a href="#">Website Link</a>
Patient Health Questionnaire (PHQ-9)	<a href="#">Website Link</a>
Screen for Child Anxiety Related Disorders (SCARED) - Parent	<a href="#">Website Link</a>
Screen for Child Anxiety Related Disorders (SCARED) - Child	<a href="#">Website Link</a>

